

# A Word on Coronavirus

Jim Humble  
27 January 2020

Some of you have written asking for my thoughts on the latest coronavirus which is making headlines these days.

To start, here is one definition of coronavirus:

***Coronaviruses** are types of viruses that typically affect the respiratory tract of mammals, including **humans**. They are associated with the common cold, pneumonia, and severe acute respiratory syndrome (SARS) and can also affect the gut.*

News agencies report that the recent outbreak of the coronavirus in Wuhan, China is rapidly evolving and reportedly (at the time of this writing), infections from the virus have now been found on other continents and several other countries in Asia have reported cases as well.

Signs of the virus are fever and symptoms of respiratory illness, such as coughing, difficulty breathing or shortness of breath—however, it has been reported that some carriers of this strain of coronavirus show *no respiratory* symptoms at all. This makes it extremely difficult to detect carriers of the virus, taking into account that health officials are looking for respiratory symptoms such as coughing, sneezing and breathing difficulties. Another report said some carriers have no fever and no coughing, but instead are exhibiting symptoms of diarrhea, vomiting and chest pains.

At the time of writing this, statistics vary according to the news as to how many confirmed cases there are worldwide, as well as deaths. It has been reported that China is moving to restrict travel and schools in Hong Kong and the mainland are postponing classes. Some say the situation is far worse than what is being reported, others suggest it is a hoax.

The purpose of this newsletter is not to analyze or speculate what is behind all of this, or try to project where it is all going. As most would agree, we live in very unique times—whether you believe this and other similar outbreaks are part of a great conspiracy, or signs of the times according to Biblical predictions, or whatever other reason—I would like to say, it's a good time to have some MMS on hand and educate yourself in its use.

MMS (sodium chlorite activated with a food grade acid which then produces chlorine dioxide) kills most of the diseases of mankind. I don't know for sure about the coronavirus at this time—but we know that MMS kills viruses as well as pathogens of all kinds and is an immune system builder. There is much anecdotal evidence that says MMS has proven very effective in eradicating viruses including Ebola, Swine Flu, TB, and other respiratory diseases. Chlorine dioxide was completely effective against Anthrax in 2001, and used by US Military for Ebola in 2014. It's been proven by the Red Cross in 2012 to eradicate

malaria in just four hours, to name a few. I have been receiving feedback for over 22 years from people all around the world who have given testimony of how they recovered their health from a vast variety of disease, many life-threatening, with MMS. Therefore, I have every reason to believe it can be effective in stopping and preventing the current novel coronavirus going around today.

For more information and some important facts on MMS, as well as the history of MMS, go here:

- [MMS \(Chlorine Dioxide\) – Some History](#)

- [Important Facts Regarding MMS](#)

Again, I have reason to believe, MMS (chlorine dioxide), can be very effective in both preventing and eradicating the coronavirus. With the barrage of health issues in the world today, I would say, let MMS be your first line of defense. Why not be prepared for whatever may come your way? It's better to have it and not need it than to need it and not have it. The point is, we never know when an emergency or “outbreak” of some illness is going to happen. Weather it is a stroke, or a heart attack, an accident or this year's epidemic. We need to be prepared *ahead of time* and not wait until it's too late. A great way to prepare is to educate yourself on MMS. The best way you can do this, in my opinion, is get the *MMS Health Recovery Guidebook*, available here: [jhbooks.org](http://jhbooks.org) This book is a clear and concise guide to all you need to know in order to recover health with MMS, as well as how to strengthen your immune system by staying overall toxin free. So get the Guidebook, study it, familiarize yourself with it and have MMS on hand.

Regarding the coronavirus, at this point in time if you have it, I would suggest trying MMS first as MMS has eradicated a wide range of maladies. In my own personal experience traveling around the world and helping people with many different diseases, I have to say there have been positive results at least 95% of the time. I would say those are pretty good odds. At this time MMS is being used by thousands and thousands of people in more than 185 countries.

Below are provisional steps one can take, a variation of my standard protocols and Health Recovery Plan, but something to try immediately in the case of coronavirus until you can get the *MMS Health Recovery Guidebook*. Here's my suggestion:

MMS must be activated drop for drop with the activator. Mix the drops in a clean dry glass, count 30 seconds so the drops can activate—they should turn amber color. After the 30 second count add 1/2 cup (4 ounces/120ml) of water, then immediately drink it down. (Do not leave this to sit for more than a few seconds, it must be taken immediately or it will begin to lose potency.) First, take six activated drops of MMS in 1/2 cup of water. Wait one hour, and then take six more activated drops in 1/2 cup of water. That may do it. You will know within two hours if it killed the disease by how you feel. What to do next depends upon how those first two doses made you feel. Follow these next directions carefully:

**Step 1.** If you feel better after taking the two 6-drop doses of MMS, reduce your intake to 3 activated drops in 1/2 cup of water every hour for eight hours a day, until completely well. You may want to continue this for up to 21 days to be sure you are free of disease and as an overall detoxification of the body. Always take the MMS within seconds of mixing up the dose. Any time you should feel worse when taking MMS, proceed with Step 2 below.

**Step 2.** Any time after taking MMS activated drops you feel worse, cut your intake by one half but do not stop hourly doses. If you still feel worse cut your intake by one half again, but continue with hourly doses. Feeling worse after taking the MMS drops such as showing signs of nausea, diarrhea or headache is actually a sign that you are ridding your body of toxins. It is called a Herxheimer reaction. It indicates you are killing the disease, but you are killing it too fast—the point is go slow enough so as not to make yourself unnecessarily uncomfortable.

These suggestions are only to get you started should you come down with a life threatening virus. You need the *MMS Health Recovery Guidebook* for complete instructions. There are more details and important things to know for getting well, such as do not take things that neutralize MMS such as coffee, tea, orange juice, milk, alcohol, things very high in antioxidants and so on, at the same time you take MMS doses. I wrote the Guidebook with all the details in mind, I simply cannot repeat it all here—so get the book. In the *MMS Health Recovery Guidebook*, I have outlined a Health Recovery Plan which gives full instructions and protocols on how to handle other illness and disease.

If you do not have coronavirus, but you think you have been exposed, you might want to take two 6-drop doses of MMS, an hour apart. I would then suggest doing the Starting Procedure, followed by Protocol 1000, as a preventative measure and as an overall detoxification of your body. And last, but not least, I recommend a daily maintenance dose of MMS for all. Full details of these protocols are found in the *MMS Health Recovery Guidebook*, available here: [jhbooks.org](http://jhbooks.org)

As mentioned above, educate yourself now—familiarize yourself with MMS today, don't wait until you are in the middle of a crisis.

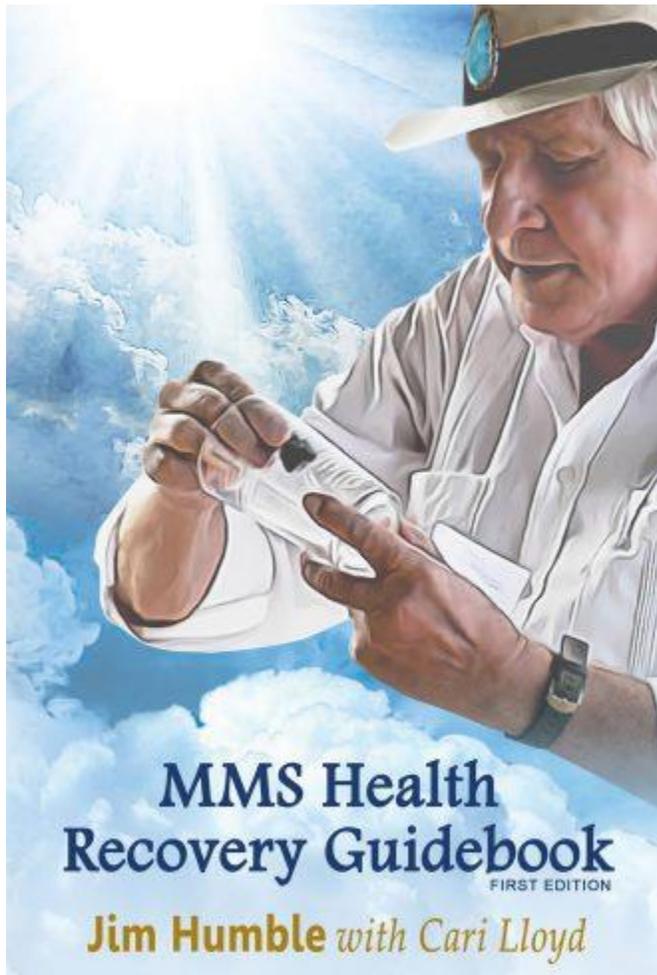
All the best and good fortune to you along the way,

Jim Humble

This is my disclaimer as it seems everyone must have a disclaimer now days: I have shared certain views and opinions in the above Newsletter. I would follow this information myself if I had need, but everybody has to take responsibility for their own health. I am not a doctor. I do not diagnose, prescribe, treat, or cure. I merely provide information (for educational purposes) based on my experience and the experience of others. I do not suggest anyone follow my advice without getting the advice of a qualified health professional, and then decide what you want to do about your own health. Again, each person must take responsibility for his/her own health. So, please do what you feel is best

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**Video section**

- [LEAKED: Proof the Red Cross Cured 154 Malaria Cases with MMS](#)
- [Second Leaked Red Cross Video, Published Jul 1, 2013](#)
- [First Leaked Red Cross Video, Published May 2, 2013](#)
- [Jim Humble responds to the FDA](#)